



# MENU

INLAND PRESCHOOL

(909) 802-8152



Date: 8/1/2026-8/31/2026

|                  | MONDAY                                                                                               | TUESDAY                                                                            | WEDNESDAY                                                                                                    | THURSDAY                                                                                                 | FRIDAY                                                                                                       |
|------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b> | 3<br>Cereal, Fruit, Milk                                                                             | 4<br>Bagel, Cream cheese, Fruit, Milk                                              | 5<br>Morning roll, Fruit, Milk                                                                               | 6<br>Crescent bread, Fruit, Milk                                                                         | 7<br>Waffle, Fruit, Milk                                                                                     |
| <b>Lunch</b>     | Yogurt, Cracker, fruit, Milk<br>Grill Fish, spinach , Seaweed,<br>Mushroom soup, Milk                | Rice Soup, Vegetable, beef, Egg<br>Seaweed, Milk<br>떡국, 김, 계란지단, 고기고명,<br>김치, 우유   | Seaweed soup, beef bean -<br>sprout rice, Cucumber salad,<br>Fruit, Milk<br>미역국, 고기 콩나물 밥, 김<br>오이김치, 과일, 우유 | Bean sprout soup, Teriyaki<br>Chicken, Broccoli, Rice, Fruit,<br>Milk<br>콩나물 국, 데리야끼 치킨,<br>브로콜리, 과일, 우유 | Ham and cheese sandwich,<br>Fries, corn, Milk fruit<br>햄 치즈 샌드위치,<br>프라이스, 옥수수, 우유,<br>과일                    |
| <b>PM Snack</b>  | 두부 버섯된장국, 과일, 우유<br>Yogurt, Cracker                                                                  | Potato wedge, Apple                                                                | Butter toast sandwich, Orange                                                                                | Roll taco, Apple                                                                                         | Chicken Nuggets, Milk                                                                                        |
| <b>Breakfast</b> | 10<br>Cereal, Fruit, Milk                                                                            | 11<br>Bagel, Cream cheese, Fruit, Milk                                             | 12<br>Morning roll, Fruit, Milk                                                                              | 13<br>Crescent bread, Fruit, Milk                                                                        | 14<br>Waffle, Fruit, Milk                                                                                    |
| <b>Lunch</b>     | Seafood Tofu Soup, Stir fried<br>potato, Vegetable, Rice, Milk<br>소고기 야채순두부, 감자볶음,<br>콩나물, 김, 김치, 우유 | Fish, Rice, Soup, Vegetable, Fruit,<br>Milk<br>생선구이, 김, 시금치나물,<br>두부 버섯된장국, 과일, 우유 | seaweed soup, Seasoned Beef,<br>Rice W/ Broccoli, Fruit, Milk<br>미역국, 볼 고기, 브로콜리, 과일,<br>우유                  | Black bean sauce noodle,<br>radish, seaweed, Rice<br>Seaweed, , Milk<br>짜장면, 김, 밥, 김치 우유                 | Sausage and egg seaweed<br>roll, miso soup, Kim-chi,<br>milk, fruit<br>김밥, 미소スープ, 김치, 우유                     |
| <b>PM Snack</b>  | Yogurt, Cracker                                                                                      | Potato wedge, Apple                                                                | Butter toast sandwich, Orange                                                                                | Roll taco, Apple                                                                                         | Chicken Nuggets, Milk                                                                                        |
| <b>Breakfast</b> | 17<br>Cereal, Fruit, Milk                                                                            | 18<br>Bagel, Cream cheese, Fruit, Milk                                             | 19<br>Morning roll, Fruit, Milk                                                                              | 20<br>Crescent bread, Fruit, Milk                                                                        | 21<br>Waffle, Fruit, Milk                                                                                    |
| <b>Lunch</b>     | Seaweed soup, cucumber Kim Chi,<br>Stir Meat ball, Fruit, Milk<br>소고기 미역국, 미트볼 볶음,<br>오이무침, 우유       | Fishcake soup, Fried Tofu Stir<br>Potato, Milk<br>오뎅국, 두부조림, 감자볶음,<br>& 김, 과일, 우유  | Beef vegetable curry cucumber-<br>salad, Fruit, Milk<br>고기 야채 카레, 오이김치, 과일,<br>우유                            | Rice, vegetable with beef,<br>Soup, Fruit, Milk<br>비빔밥, 미소된장국, 과일,<br>우유                                 | Cheese pizza, baby carrot,<br>corn, fruit, Milk<br>치즈피자, 베이비당근,<br>옥수수, 우유, 과일                               |
| <b>PM Snack</b>  | Yogurt, Cracker                                                                                      | Potato wedge, Apple                                                                | Butter toast sandwich, Orange                                                                                | Roll taco, Apple                                                                                         | Chicken Nuggets, Milk                                                                                        |
| <b>Breakfast</b> | 24 / 31<br>Cereal, Fruit, Milk                                                                       | 25<br>Bagel, Cream cheese, Fruit, Milk                                             | 26<br>Morning roll, Fruit, Milk                                                                              | 27<br>Crescent bread, Fruit, Milk                                                                        | 28<br>Waffle, Fruit, Milk                                                                                    |
| <b>Lunch</b>     | Fishcake Soup, Roll egg, stir<br>potato, Rice, Fruit, Milk<br>오뎅국, 계란말이, 감자볶음, 김,<br>김치, 과일, 우유      | Rice, vegetable with beef, Soup,<br>Fruit, seaweed, Milk<br>비빔밥, 미소된장국, 과일, 우유     | Beef vegetable Spaghetti, salad,<br>seaweed, Rice, Milk,<br>고기 야채 스파게티, 켈러드,<br>우유, 과일                       | Grill Pork belly, letters,<br>cucumber, Seaweed soup,<br>Fruit, Milk<br>삼겹살쌈밥, 상추, 오이,<br>미역국, 우유        | Beef rice ball, stir fishcake<br>Bean sprout, miso cabbage<br>soup, Milk<br>고기 주먹밥, 오뎅볶음,<br>콩나물, 배추국, 김, 우유 |
| <b>PM Snack</b>  | Yogurt, Cracker                                                                                      | Potato wedge, Apple                                                                | Butter toast sandwich, Orange                                                                                | Roll taco, Apple                                                                                         | Chicken Nuggets, Milk                                                                                        |